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1. Be willing to discover and confront my inauthenticities – where I am not being genuine, real, or authentic. That is, where in my life I am not being or acting consistent with who I hold myself out to be for others, and where I am not being or acting consistent with who I hold myself to be for myself. And, be willing to tell the truth about where I am not being genuine, real, or authentic. What this looks like as-lived: being authentic about my inauthenticities.

2. Be willing to be open and ruthlessly straight about my ways of being and acting.

3. Be open to having my frame of reference (mindset) – network of ideas, beliefs, biases, prejudices, social and cultural embedded-ness, and taken-for-granted assumptions – regarding what it is to be a leader, and what the effective exercise of leadership is, examined and questioned, and be open to transforming that frame of reference. And, be open to having my frame of reference (mindset) – network of ideas, beliefs, biases, prejudices, social and cultural embedded-ness, and taken-for granted assumptions – for who I am for myself examined and questioned, and be open to transforming that frame of reference.

a. Given that it is essential in developing yourself as a leader, in this course we will be examining and questioning the constraints and shaping imposed by your particular *frame of reference* relative to leader and the effective exercise of leadership, and your *frame of reference* relative to who you are for yourself.

4. Be open to having my *worldview* (model of reality) examined and questioned, and be open to transforming my *worldview*.

a. As we will discuss more fully during the course, one's *worldview* (model of reality) constrains and shapes one's *frame of reference* (mindset) relative to leader and leadership, and one's *frame of reference* (mindset) relative to who one is for oneself. We will be particularly concerned with that aspect of one's *worldview* that constrains and shapes one's *frames of reference* relative to leader and leadership, and relative to oneself.

5. Be willing to take on fully what is presented in this course before deciding to accept it or reject it. That is, take on what is presented in the course even if I



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don't like it or find it difficult or at first don't agree with it. If by the end of the course I find that it still doesn't fit for me, then I can discard it. But, if during the course it does come to fit for me, then do whatever I have to do to master it.

6. Participate fully and completely in the course, with nothing held back.

7. Respect the dignity, thoughts, and confidentiality of my classmates.

8. Have compassion for and patience with the struggle and effort that my classmates and I will go through from time to time, which struggle and effort are required to produce the breakthroughs necessary to realize the promise of this course.

9. Be a full partner in producing value for myself; not waiting to have it done to me or for me.

10. Give my word to play by the "rules of the game" for this course. And, I commit to honor that word (as "honoring your word" is defined in the paper on Integrity).

11. Finally, be willing to recognize that in my choosing to participate in this course I have given my word to fulfill the conditions for realizing the promises of this course, and to play by the "rules of the game" of this course. I give this word to myself, to my co-participants, and to the instructors of this course. And, I give my word to myself that I will honor that word.



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